

Supportive Therapy for Teens

ABOUT US

Konick & Associates provides an empathic approach to understanding the unique challenges you and your teen are experiencing. Equipping families with the necessary tools and strategies to effect long-standing positive change can help. By blending compassionate understanding with evidence-based practice, we have been very successful in helping individuals and families reach their fullest potential.



THERAPY SERVICES FOR TEENS INCLUDE:

- ADHD
- Attention Difficulties
- Autism
- Bullying and Peer Conflict
- Depressed Mood
- Disruptive Behaviors and Noncompliance
- Divorce or Changes in Family
- Executive Function Deficits
- Family Conflict
- Learning and School Problems
- Neuropsychological Testing
- Obsessive Compulsive Disorders (OCD)
- Performance Anxiety
- School Avoidance and Anxiety
- Self-Injury
- Separation issues
- Social Skills and Friendship Difficulties
- Suicidal Thoughts
- Support for LGBTQ and questioning
- Worry and Stress



Konick & Associates

OUR TEAM OF DEDICATED CLINICIANS IS HERE FOR YOU. HOW CAN WE HELP?

If you would like to speak about a treatment for yourself or a loved one, please contact us today.

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